

Blackwater Triathlon Club 2008-0 Senior Series Aquathon - 07-Dec-2008

Distances : Swim 400m, Run 5k

<u>Position</u>	<u>Name</u>	Start	Swim out	<u>Swim Time</u>	Run In	<u>Run Time</u>		<u>Overall Time</u>
1	James Heskey-Jones	0:16:00	0:22:48	0:06:48	0:43:06	0:20:18		0:27:06
2	Paul Stevens	0:12:40	0:19:27	0:06:47	0:41:36	0:22:09		0:28:56
3	John Edgington	0:05:50	0:13:36	0:07:46	0:35:11	0:21:35		0:29:21 *
4	Danielle Every	0:12:40	0:19:35	0:06:55	0:42:29	0:22:54		0:29:49
5	Emma Stevens	0:07:30	0:14:42	0:07:12	0:38:08	0:23:26		0:30:38
6	Kevin Carley	0:06:50	0:14:32	0:07:42	0:38:25	0:23:53		0:31:35
7	Mike Dalton	0:15:00	0:20:58	0:05:58	0:47:21	0:26:23		0:32:21 *pb
8	Julie Peacock	0:05:00	0:13:44	0:08:44	0:40:19	0:26:35		0:35:19
9	Colin Corby	0:15:30	0:21:54	0:06:24	0:51:29	0:29:35		0:35:59
10	Ian Potter	0:04:00	0:11:42	0:07:42	0:41:26	0:29:44		0:37:26
11	Stuart Axon	0:00:00	0:12:11	0:12:11	0:43:32	0:31:21		0:43:32

Timing: Dave Southgate - Annette Corby
Weather Observed @ 07:30 -1deg C

Notes:

1. Mike Dalton recorded a personal best - improving his time by 1 minutes 14 seconds
2. John Edge recorded first sub 8min swim