

Blackwater Triathlon Club
2009-10 Senior Series Acquathon - 07-Mar-2010

Distances : Swim 400m, Run 5k

<u>Position</u>	<u>Name</u>	Start	Swim out	<u>Swim Time</u>	Run Finish	<u>Run Time</u>	<u>Overall Time</u>
1	James H-J	0:07:30	0:14:15	0:06:45	0:34:07	0:19:52	0:26:37
2 (joint)	Emma S	0:08:50	0:14:57	0:06:07	0:36:57	0:22:00	0:28:07
2 (joint)	Paul S	0:08:50	0:15:23	0:06:33	0:36:57	0:21:34	0:28:07
4	Paula P	0:07:30	0:14:42	0:07:12	0:37:21	0:22:39	0:29:51
5	Dave G	0:07:30	0:14:25	0:06:55	0:38:12	0:23:47	0:30:42
6	Dave P	0:00:30	0:07:52	0:07:22	0:33:07	0:25:15	0:32:37
7	Julie P	0:00:30	0:08:20	0:07:50	0:35:04	0:26:44	0:34:34
8	Liz	0:00:00	0:07:10	0:07:10	0:34:48	0:27:38	0:34:48
9	Steve C	0:00:00	0:11:06	0:11:06	0:36:06	0:25:00	0:36:06
10	Lorraine	0:00:00	0:08:09	0:08:09	0:41:25	0:33:16	0:41:25
11	Emma Sp	0:00:30	0:07:45	0:07:15	0:42:37	0:34:52	0:42:07

*note 1

Timing: Colin Corby;

Notes:

1. Estimated swim exit time
2. Thanks to Paula P for the use of her watch.