

## 1000m SWIM T.T.    4/3/07

	<u>100</u>	<u>200</u>	<u>300</u>	<u>400</u>	<u>500</u>	<u>600</u>	<u>700</u>	<u>800</u>	<u>900</u>	<u>1000</u>
Graeme	1:30	3:07	4:44	6:22	8:00	9:40	11:18	12:57	14:37	16:13
		1:37	1:37	1:38	1:38	1:40	1:38	1:39	1:40	1:36
Colin	1:30	3:08	4:50	6:34	8:20	10:01	11:45	13:28	15:11	16:49
		1:38	1:42	1:44	1:46	1:41	1:44	1:43	1:43	1:38
Peter	1:32	3:10	4:52	6:36	8:21	10:06	11:52	13:35	15:15	16:54
		1:38	1:42	1:44	1:45	1:45	1:46	1:43	1:40	1:39
Sean	1:32	3:12	4:55	6:39	8:25	10:10	11:55	13:39	15:20	16:58
		1:40	1:43	1:44	1:46	1:45	1:45	1:44	1:41	1:38
Stuart B	1:31	3:12	4:55	6:40	8:27	10:10	11:56	13:40	15:28	17:00
		1:41	1:43	1:45	1:47	1:43	1:46	1:44	1:48	1:32
Karen	1:31	3:12	4:58	6:44	8:34	10:24	12:14	14:03	15:56	17:45
		1:41	1:46	1:46	1:50	1:50	1:50	1:49	1:53	1:49
Dave G				7:13				14:40		18:17
								7:27		
Kevin				7:23		11:16		14:57		18:50
								7:34		
Chris				7:27				15:08		18:57
								7:41		
Paula				7:29				15:15		19:05
								7:46		
Tom				7:43				15:55		19:37
								8:12		
Mike F				7:51	9:55	11:58	14:02	16:05	18:04	19:56
					2:04	2:03	2:04	2:03	1:59	1:52
Ian P				7:53	10:00	12:00	14:02	16:04	18:05	20:04
					2:07	2:00	2:02	2:02	2:01	1:59
Dave S				7:52		12:03		16:17		20:38
								8:25		
Michelle	2:20	4:56	7:34	10:09	12:43	15:14	17:48	20:24	22:57	25:20
		2:36	2:38	2:34	2:34	2:30	2:34	2:36	2:33	2:23
Start A	2:39	5:36	8:33	11:36	14:39	17:39	20:42	23:43	26:40	29:34
		2:57	2:57	3:03	3:03	3:00	3:03	3:01	2:57	2:56

Well done to everyone who took part. Some very steady and consistent swimming that is reflected by some good times. The next T.T will be held at the end of the season so we should see an improvement on the times set yesterday.